

Project Rescue's mission is to restore the lives of men struggling with addiction to alcohol & drugs. We do this by providing love, food, housing, hope, and a spiritual solution.

For the souls and lives of our members, we want what God wants:

“Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.” 3 John 1:2

“For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope.” Jeremiah 29:11

Project Rescue is Bible based and church focused:

1. We exhort and admonish each member to pray, read the Bible, study the Bible, do the Bible and teach the Bible to others.
2. We use elders, preachers and church members of the graduate's home congregation to do follow-up. They take up where we left off.

We believe some of our members need mild psychotropic medicines to cope with in-house recovery and to prevent self-medicating with their drug of choice.

We do not allow medicines like Suboxone, Methadone, Benzodiazepams, Adderall, or other medicines that create euphoria.

Every member's program is specifically designed for his needs. Below is a general overview. The strategy of the following stages of freedom are to test the member's spiritual growth and self-control:

1. At 30 days in the program.....

- a. He begins to work a job in the community.
- b. When he finds a fulltime job, he is allowed to drive his own car to and from work.

2. At 90 days in the program.....

- a. He is allowed to have a debit card with \$100 of his own money on it, to purchase his own needs and wants.
- b. He is allowed to have a Smart Phone.
- c. He is allowed to have cable TV in his room (no R rated or above).

3. At 6 months in the program.....

- a. His finances are turned over to him.
- b. He is allowed to travel without notifying staff where he is going (must be home by midnight).
- c. He is allowed to establish friendships with women.
- d. He is allowed to drive home to visit family for more than 1 day.
- e. He is allowed on Social Media.

4. For his second six months in the program, we want the member to feel more like he is living in his own apartment.

- a. If he quits working his spiritual program during this stage, he will relapse.
- b. We want the stage between second six months and graduation to be of little difference, as the man exits our program.

The Project Rescue program includes periods of

Reconciliation (to God and family)

Stabilization (physical, emotional, mental, spiritual)

Assimilation (church, society, employment, school)

Preparation (to transition out of Project Rescue into the community)

Reconciliation:

1. All members immediately begin the reconciliation process back to God.
 - a. Attendance of all church services is required.
 - b. Members begin immediately to attend classes and 1-on-1 sessions.
2. Family visits are allowed after about 2 weeks.

Stabilization:

1. Stabilization lasts 30 to 90 days.
2. The member is greatly restricted during this period.
 - a. We separate him from all his friends.
 - b. His phone, travel and visitation is greatly restricted.
3. Near the end of the stabilization period, if a member is suffering from anxiety, depression or any other mental/emotional disorder, we send him to a doctor.
 - a. We allow mild psychotropic medications.
 - b. We do not allow Benzodiazepine, Suboxone, Methadone, Opioid, or other medicines that create euphoria.
 - c. A Nurse Practitioner holds and dispenses the medicine according to the prescription.

Assimilation:

1. The assimilation period begins in 30 to 90 days, and continues until the member reaches 6 months in the program.
 - a. When a member begins his assimilation period depends upon his emotional state and spiritual growth.

b. This is determined by staff as they see him adhere to rules and advance in his Bible study & application.

2. We help members find a job in the community.
3. Some are allowed to drive their own car to and from work.
4. Cecil teaches a financial class to help them manage their money.
5. During this period, they learn to balance their involvement in work, recreation, leisure, attending classes and personal Bible study

Preparation:

1. When a member reaches 6 months without a relapse, he enters a period of great freedom.
 - a. His finances are turned over to him.
 - b. He is allowed on social media.
 - c. His travel is unrestricted (except, he must receive permission to stay out overnight).
 - d. Single members are allowed to make friends and enjoy social activities with women.
 - e. Married members begin to work on their marriage.
2. This period is a time for the member to learn to enjoy life without being intoxicated.
3. During his second six months he is creating good habits.
4. He is also putting into practice the relapse prevention tools that he learned in his first 6 months.

5. He is encouraged to make friends Christians who attend the church he will be attending when he graduates and leaves Project Rescue.
6. He is to find an accountability friend who will keep an eye on him and even drug test him if the need arises.

If a member relapses, he returns to the Stabilization Period and starts over on time in the program.